

## Mitoxantrone

**Class:** Anthracenedione

### Indications:

\_Initial treatment of acute nonlymphocytic leukemias (ANLL [includes myelogenous, promyelocytic, monocytic and erythroid leukemias])

\_treatment of advanced hormone-refractory prostate cancer

\_secondary progressive or relapsing-remitting multiple sclerosis (MS)

\_prostate cancer (unlabeled)

\_breast cancer (unlabeled)

\_Hodgkin lymphoma (unlabeled)

\_non-Hodgkin lymphoma (unlabeled)

**Available dosage form in the hospital:** 20 MG/10 ML VIAL

**Trade name :** Novantrone

**Doses:** Details concerning dosing in combination regimens should also be consulted.

### \*\*U.S. labeling:

#### -Acute nonlymphocytic leukemias (ANLL):

-*Acute myeloid leukemia (AML) induction:* 12 mg/m<sup>2</sup> once daily for 3 days (in combination with cytarabine); for incomplete response, may repeat (7-10 days later) at 12 mg/m<sup>2</sup> once daily for 2 days (in combination with cytarabine) (Arlin, 1990)

-*AML consolidation* (beginning ~6 weeks after initiation of the final induction course): 12 mg/m<sup>2</sup> once daily for 2 days (in combination with cytarabine), repeat in 4 weeks (Arlin, 1990)

-**Multiple sclerosis:** 12 mg/m<sup>2</sup> every 3 months (maximum lifetime cumulative dose: 140 mg/m<sup>2</sup>; discontinue use with LVEF <50% or clinically significant reduction in LVEF)

-**Prostate cancer (advanced, hormone-refractory):** 12-14 mg/m<sup>2</sup> every 3 weeks (in combination with corticosteroids)

### \*\*Canadian labeling:

#### -Acute nonlymphocytic leukemias (ANLL):

-*AML induction:* 10-12 mg/m<sup>2</sup> once daily for 3 days (in combination with cytarabine); for incomplete response, may repeat at 10-12 mg/m<sup>2</sup> once daily for 2 days (in combination with cytarabine)

-*AML consolidation* (beginning ~6 weeks after initiation of the final induction course): 12 mg/m<sup>2</sup> once daily for 2 days (in combination with cytarabine), repeat in 4 weeks

**-Acute leukemias (relapsed):** Induction: 12 mg/m<sup>2</sup> once daily for 5 consecutive days; may repeat once if needed (at the same dose and duration)

**-Breast cancer (metastatic), lymphoma:** Initial: Single agent: 14 mg/m<sup>2</sup> every 21 days; reduce initial dose to ≤12 mg/m<sup>2</sup> for myelosuppression due to previous treatment or for poor general health. When used in combination with other agents, reduce initial dose to 10-12 mg/m<sup>2</sup>.

**-Hepatocellular cancer:** Initial: Single agent: 14 mg/m<sup>2</sup> every 21 days; reduce initial dose to ≤12 mg/m<sup>2</sup> for myelosuppression due to previous treatment or for poor general health

**\*\*Adult unlabeled uses and/or dosing:**

**-AML, refractory:**

-*CLAG-M regimen:* 10 mg/m<sup>2</sup> once daily for 3 days (in combination with cladribine, cytarabine, and filgrastim), may repeat once if needed

-*MEC or EMA regimen:* 6 mg/m<sup>2</sup> once daily for 6 days (in combination with cytarabine and etoposide)

-*Mitoxantrone/Etoposide:* 10 mg/m<sup>2</sup> once daily for 5 days (in combination with etoposide)

**-APL consolidation phase (second course):** 10 mg/m<sup>2</sup> once daily for 5 days

**-Hodgkin lymphoma, refractory:**

-*MINE-ESHAP regimen:* 10 mg/m<sup>2</sup> on day 1 every 28 days for up to 2 cycles (MINE is combination with mesna, ifosfamide, mitoxantrone, and etoposide; MINE alternates with ESHAP for up to 2 cycles of each)

-*VIM-D regimen:* 10 mg/m<sup>2</sup> on day 1 every 28 days (in combination with etoposide, ifosfamide, mesna, and dexamethasone)

**-Non-Hodgkin lymphoma (as part of combination chemotherapy regimens):**

- *CNOP regimen:* 10 mg/m<sup>2</sup> every 21 days
- *FCMR regimen:* 8 mg/m<sup>2</sup> every 28 days
- *FMR regimen:* 10 mg/m<sup>2</sup> every 21 days
- *FND regimen:* 10 mg/m<sup>2</sup> every 28 days
- *MINE-ESHAP regimen:* 8 mg/m<sup>2</sup> every 21 days for 6 cycles (MINE is combination with mesna, ifosfamide, mitoxantrone, and etoposide; followed by ESHAP)

**-Stem cell transplantation, autologous:** 60 mg/m<sup>2</sup> administered 4-5 days prior to autografting (as 3 divided doses over 1 hour each at 1-2 hour intervals on the same day; in combination with other chemotherapeutic agent[s]).

**Geriatric**

Refer to adult dosing.

### **Renal Impairment:**

- No dosage adjustment provided in manufacturer's labeling (has not been studied).
- Hemodialysis: Supplemental dose is not necessary
- Peritoneal dialysis: Supplemental dose is not necessary
- Elderly: Clearance is decreased in elderly patients; use with caution

### **Hepatic Impairment:**

-**U.S. labeling:** No dosage adjustment provided in the manufacturer's labeling; however, clearance is reduced in hepatic dysfunction. Patients with severe hepatic dysfunction (bilirubin >3.4 mg/dL) have an AUC of 3 times greater than patients with normal hepatic function; consider dose adjustments. **Note:** MS patients with hepatic impairment should not receive mitoxantrone.

#### **-Canadian labeling:**

- Mild-to-moderate impairment: No specific dosage adjustment provided; consider dose adjustments and monitor closely.
- Severe impairment: Use is contraindicated.

### **Dosing: Obesity**

*ASCO Guidelines for appropriate chemotherapy dosing in obese adults with cancer:* Utilize patient's actual body weight (full weight) for calculation of body surface area- or weight-based dosing, particularly when the intent of therapy is curative; manage regimen-related toxicities in the same manner as for nonobese patients; if a dose reduction is utilized due to toxicity, consider resumption of full weight-based dosing with subsequent cycles, especially if cause of toxicity (eg, hepatic or renal impairment) is resolved (Griggs, 2012).

### **Dosing: Adjustment for Toxicity**

-**ANLL patients:** Severe or life-threatening nonhematologic toxicity: Withhold treatment until toxicity resolves

#### **-MS patients:**

- Neutrophils <1500/mm<sup>3</sup>: Use is not recommended.
- Signs/symptoms of HF: Evaluate for cardiac signs/symptoms and LVEF.
- LVEF <50% or baseline LVEF below the lower limit of normal (LLN): Use is not recommended.

#### **\*Canadian labeling (not in U.S. labeling): Hepatocellular cancer, lymphoma, or breast cancer (metastatic):**

- WBC nadir >1500/mm<sup>3</sup> **and** platelet nadir >50,000/mm<sup>3</sup> and recovery ≤21 days: Repeat previous dose or increase dose by 2 mg/m<sup>2</sup> if myelosuppression is inadequate.
- WBC nadir >1500/mm<sup>3</sup> **and** platelet nadir >50,000/mm<sup>3</sup> and recovery >21 days: Withhold treatment until recovery then resume at previous dose.
- WBC nadir <1500/mm<sup>3</sup> **or** platelet nadir <50,000/mm<sup>3</sup> (regardless of recovery time): Withhold treatment until recovery then decrease previous dose by 2 mg/m<sup>2</sup>.
- WBC nadir <1000/mm<sup>3</sup> **or** platelet nadir <25,000/mm<sup>3</sup> (regardless of recovery time): Withhold treatment until recovery then decrease previous dose by 4 mg/m<sup>2</sup>.

### **Common side effect :**

>10%:

Cardiovascular: Edema (10% to 30%), arrhythmia (3% to 18%), cardiac function changes (≤18%), ECG changes (≤11%)

Central nervous system: Fever (6% to 78%), pain (8% to 41%), fatigue ( $\leq 39\%$ ), headache (6% to 13%)

Dermatologic: Alopecia (20% to 61%), nail bed changes ( $\leq 11\%$ ), petechiae/bruising (6% to 11%)

Endocrine & metabolic: Menstrual disorder (26% to 61%), amenorrhea (28% to 53%), hyperglycemia (10% to 31%)

Gastrointestinal: Nausea (26% to 76%), vomiting (6% to 72%), diarrhea (14% to 47%), mucositis (10% to 29%; onset:  $\leq 1$  week), stomatitis (8% to 29%; onset:  $\leq 1$  week), anorexia (22% to 25%), weight gain/loss (13% to 17%), constipation (10% to 16%), GI bleeding (2% to 16%), abdominal pain (9% to 15%), dyspepsia (5% to 14%)

Genitourinary: Urinary tract infection (7% to 32%), abnormal urine (5% to 11%)

Hematologic: Neutropenia (79% to 100%; onset:  $\leq 3$  weeks; grade 4: 23% to 54%), leukopenia (9% to 100%), lymphopenia (72% to 95%), anemia/hemoglobin decreased (5% to 75%) thrombocytopenia (33% to 39%; grades 3/4: 3% to 4%), neutropenic fever ( $\leq 11\%$ )

Hepatic: Alkaline phosphatase increased ( $\leq 37\%$ ), transaminases increased (5% to 20%), GGT increased (3% to 15%)

Neuromuscular & skeletal: Weakness ( $\leq 24\%$ )

Renal: BUN increased ( $\leq 22\%$ ), creatinine increased ( $\leq 13\%$ ), hematuria ( $\leq 11\%$ )

Respiratory: Upper respiratory tract infection (7% to 53%), pharyngitis ( $\leq 19\%$ ), dyspnea (6% to 18%), cough (5% to 13%)

**Pregnancy category : D**