

Letrozole

Class: Aromatase Inhibitor

Indications:

_Breast cancer

_Ovarian (unlabeled)

Available dosage form in the hospital: 2.5 MG TAB

Trade name : Femara

Doses: Females: Postmenopausal:

- Breast cancer, advanced (first- or second-line treatment):** Oral: 2.5 mg once daily; continue until tumor progression
- Breast cancer, early (adjuvant treatment):** Oral: 2.5 mg once daily; optimal duration unknown, duration in clinical trial is 5 years; discontinue at relapse
- Breast cancer, early (extended adjuvant treatment):** Oral: 2.5 mg once daily; optimal duration unknown, duration in clinical trials is 5 years (after 5 years of tamoxifen); discontinue at relapse
- Ovarian (epithelial) cancer (unlabeled use):** Oral: 2.5 mg once daily; continue until disease progression.

Geriatric

Refer to adult dosing.

Renal Impairment:

No dosage adjustment is required in patients with renal impairment if Cl_{cr} is ≥ 10 mL/minute.

Hepatic Impairment:

- Mild-to-moderate impairment (Child-Pugh class A or B): No adjustment recommended.
- Severe impairment (Child-Pugh class C) and cirrhosis: 2.5 mg every other day.

Common side effect :

Cardiovascular: Edema (7% to 18%)

Central nervous system: Headache (4% to 20%), dizziness (3% to 14%)

Endocrine & metabolic: Hypercholesterolemia (3% to 52%), hot flashes (6% to 50%)

Gastrointestinal: Nausea (9% to 17%), weight gain (2% to 13%), constipation (2% to 11%)

Neuromuscular & skeletal: Weakness (4% to 34%), arthralgia (8% to 25%), arthritis (7% to 25%), bone pain (5% to 22%), back pain (5% to 18%), bone mineral density decreased/osteoporosis (5% to 15%), bone fracture (10% to 14%)

Respiratory: Dyspnea (6% to 18%), cough (6% to 13%)

Pregnancy category: X