

HESPERIDINE :

Ref: (<http://www.webmd.com/default.htm>)

Class: a bioflavonoid.

Indications:

thought to improve capillary function by reducing abnormal leakage. They have been given to relieve capillary impairment and venous insufficiency of the lower limbs, and for haemorrhoids varicose veins, and poor circulation (venous stasis). It is also used to treat lymphedema, a condition involving fluid retention that can be a complication of breast cancer surgery.

Available dosage form in the hospital:

HESPERIDINE (PURIFIED MICROMIZED FLAVONIC FRACTION)500 MG TAB

Trade Names:

Dosage:

BY MOUTH:

- For the treatment of hemorrhoids inside the anus: 150 mg of hesperidin plus 1350 mg of diosmin twice daily for 4 days, followed by 100 mg of hesperidin and 900 mg of diosmin twice daily for 3 days.
- For preventing the return of hemorrhoids inside the anus: 50 mg of hesperidin plus 450 mg of diosmin twice daily for 3 months.
- For the treatment of leg ulcers caused by poor blood circulation (venous stasis ulcers): a combination of 100 mg of hesperidin and 900 mg of diosmin daily for up to 2 months.

Common side effect:

stomach pain and upset, diarrhea, and headache.

Pregnancy Risk Factor:

Not enough is known about the use of hesperidin during pregnancy and breast-feeding. Stay on the safe side and avoid use.