

ETHINYL ESTRADIOL + NORGESTREL

Class: Contraceptive; Estrogen and Progestin Combination

Indications: Prevention of pregnancy; postcoital contraceptive or “morning after” pill

Available dosage form in the hospital:

ESTRADIOL 2MG + NORGESTREL 1MG TAB

ESTRADIOL 2MG + NORGESTREL 2MG TAB

ESTRADIOL 2MG + NORGESTREL 0.5MG (PROGYLUTON) TAB

Trade Names:

Dosage: Adult:Females:

-Contraception: Oral:

-Schedule 1 (Sunday starter): Dose begins on first Sunday after onset of menstruation; if the menstrual period starts on Sunday, take first tablet that very same day. **With a Sunday start, an additional method of contraception should be used until after the first 7 days of consecutive administration.**

-For 21-tablet package: Dosage is 1 tablet daily for 21 consecutive days, followed by 7 days off of the medication; a new course begins on the 8th day after the last tablet is taken.

-For 28-tablet package: Dosage is 1 tablet daily without interruption.

-Schedule 2 (Day 1 starter): Dose starts on first day of menstrual cycle taking 1 tablet daily.

-For 21-tablet package: Dosage is 1 tablet daily for 21 consecutive days, followed by 7 days off of the medication; a new course begins on the 8th day after the last tablet is taken.

-For 28-tablet package: Dosage is 1 tablet daily without interruption.

If all doses have been taken on schedule and one menstrual period is missed, continue dosing cycle. If two consecutive menstrual periods are missed, pregnancy test is required before new dosing cycle is started.

-Missed doses **monophasic formulations (refer to package insert for complete information):**

One dose missed: Take as soon as remembered or take 2 tablets next day

-Two consecutive doses missed in the first 2 weeks: Take 2 tablets as soon as remembered or 2 tablets next 2 days. **An additional method of contraception should be used for 7 days after missed dose.**

-Two consecutive doses missed in week 3 or three consecutive doses missed at any time:

-Schedule 1 (Sunday starter): Continue to take 1 tablet daily until Sunday, then discard the rest of the pack, and a new pack is started that same day.

-*Schedule 2 (Day 1 starter)*: Current pack should be discarded, and a new pack started that same day. **An additional method of contraception should be used for 7 days after missed dose.**

-Females: **Postcoital contraception:** Oral:

-Ethinyl estradiol 0.03 mg and norgestrel 0.3 mg formulation: 4 tablets within 72 hours of unprotected intercourse and 4 tablets 12 hours after first dose

-Ethinyl estradiol 0.05 mg and norgestrel 0.5 mg formulation: 2 tablets within 72 hours of unprotected intercourse and 2 tablets 12 hours after first dose.

Renal Impairment:

Specific guidelines not available; use with caution and monitor blood pressure closely. Consider other forms of contraception.

Hepatic Impairment:

Contraindicated in patients with hepatic impairment.

Common side effect:

Frequency not defined.

Pregnancy Risk Factor: X