

Betamethasone (Topical)

Class: Topical Corticosteroid

Indications: Inflammatory dermatoses such as seborrheic or atopic dermatitis, neurodermatitis, anogenital pruritus, psoriasis, inflammatory phase of xerosis

Available dosage form in the hospital: 0.1% Cream, 0.1% Ointment, 0.1% Scalp Application

Trade Names:

Dosage:

Psoriasis (scalp): Topical (foam): Apply to the scalp twice daily, once in the morning and once at night.

Steroid-responsive dermatoses:

Gel, augmented formulation: Apply once or twice daily; rub in gently. **Note:** Do not exceed 2 weeks of treatment or 50 g/week.

Lotion: Apply a few drops twice daily

Augmented formulation: Apply a few drops once or twice daily; rub in gently. **Note:** Do not exceed 2 weeks of treatment or 50 mL/week.

Cream/ointment: Apply once or twice daily

Augmented formulation: Apply once or twice daily. **Note:** Do not exceed 2 weeks of treatment or 45 g/week.

Common side effect:

Topical Use: Dermatologic: Acneiform eruptions, allergic dermatitis, burning, dry skin, erythema, folliculitis, hypertrichosis, irritation, miliaria, pruritus, skin atrophy, striae, vesiculation

Pregnancy Risk Factor: C