

BETAHISTINE

CLASS: Histamine H₁ Agonist

INDICATIONS: Treatment of Ménière's disease (to decrease episodes of vertigo)

AVAILABLE DOSAGE FROM THE HOSPITAL:

BETAHISTINE 16MG TAB, BETAHISTINE 8MG TAB

TRADE NAMES:

DOSAGE:

- **Dosing: Adult**
Ménière's disease: Oral: 8-16 mg 3 times/day or 24 mg twice daily
- **Dosing: Geriatric**
Refer to adult dosing.
- **Dosing: Renal Impairment**
No dosage adjustment provided in manufacturer's labeling; use with caution.
- **Dosing: Hepatic Impairment**
No dosage adjustment provided in manufacturer's labeling.

COMMON SIDE EFFECT:

1% to 10%: Gastrointestinal: Dyspepsia, nausea

PREGNANCY RISK FACTORS: