



Curriculum Vitae (Last Updated November, 2021)

**Assistant Professor - HS
Faculty of Health Sciences-Higher Colleges of Technology
Sharjah Women-UAE**

**Heyam. F. Dalky, R.N., Ph.D.
Associate Professor
Faculty of Nursing-JUST-Jordan**

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Place and date of birth: Irbid – Jordan. April 9, 1975

Citizenship: Jordanian

Languages: Arabic, English

Academic Background:

- Ph.D. Psychiatric/Mental Health Nursing May 2009
University of Texas Health Science Center at Houston, Houston
City/Texas
Thesis: Arabic Translation and Cultural Adaptation of the Stigma-
Devaluation Scale for Use among Family Caregivers of Mentally Ill
Relatives in Jordan
- M.S.N. Psychiatric/Mental Health Nursing May 2004
New Mexico State University, Las Cruces/New Mexico
Thesis: Psychoeducational Groups: A Proposal Effective Approach for
Teaching Women in Jordan
- B.S.N. Jordan University of Science and Technology June 1997
School of Nursing, Irbid/Jordan
First Rank of nursing Students

Recognitions/Reward:

- Listed at the top 2% of the most-cited scientists based on World Scientist and University Rankings 2021 report by Stanford University and Elsevier August, 2021.

Affiliation:

- Fellowship in Responsible Conduct of Research program on 'Research Ethics', led by the University of California San Diego in collaboration with Jordan University of Science and Technology (JUST) Aug. 2016- 2017.

Work Experience

1. Sabbatical vacation: Assistant Professor - Faculty of Health Sciences-Higher Colleges of Technology, Sharjah Women-UAE/August, 2019 until now.
2. An Associate Professor at Jordan University of Science and Technology, Faculty of Nursing /March, 2017 until now.
3. Vice Dean at Jordan University of Science and Technology, Faculty of Nursing /September 2015-until September 2017
4. An Assistant Professor at Jordan University of Science and Technology, Faculty of Nursing /October, 2009- until March, 2017.
5. Texas-licensed Registered Nurse: Level 2-ICU nurse worked at Memorial Herman Hospital 2005-2009.
6. A full time lecturer at Jordan University of Science and Technology/Faculty of Nursing/October, 2004-January 2005. I was involved in teaching courses such as:
 1. Psychiatric/Mental Health Nursing; Theory
 2. Psychiatric/Mental Health Nursing; Clinical
7. A Teaching Assistant at Jordan University of Science and Technology/ Faculty of Nursing/1998-2001. I was involved in teaching courses such as:
 1. Medical/Surgical Nursing
 2. Physical Assessment
 3. Fundamentals of Nursing
 4. Community Health Nursing

5. Psychiatric/Mental Health Nursing

Courses taught:

- **Undergraduate Courses:**
 1. Psychiatric/Mental Health Nursing; Theory
 2. Psychiatric/Mental Health Nursing; Clinical
 3. Nursing Management and leadership
 4. Foundation of Nursing Research
 5. Nursing Issues and Ethics
 6. Health Promotion
 7. Community Health Nursing Theory
 8. Community Health Nursing Clinical
 9. Pathophysiology for nursing students.

- **Graduate Courses:**
 1. Advanced Nursing Research: Master in Nursing Science Program-JUST
 2. Psychological Responses for Chronic Illnesses: Higher Diploma Course-National Diabetes Center-Amman

Advising Graduate Students:**Doctoral Thesis:**

- 2020 The Effect of a Contact-based Intervention on Attitudes and Behaviors of Nursing Students in Jordan toward People with Mental Illness. **(Committee Member)**

Master Theses

- 2010 Burdens and Stigma Among Jordanian Family Caregivers of Patients With Mental Illness. **(Committee Member)**
- 2011 Fatigue Among Coronary Heart Disease CHD Patients. **(Co-Advisor)**
- 2011 The prevalence of Mood and Anxiety Disorders Among Adolescent students in Irbid Jordan. **(Co-advisor).**
- 2012 Depression among Jordanian Menopausal Women Prevalence and Associated Factors. **(Committee member).**
- 2013 Students Perceptions of Bullying in Public Schools in Irbid Implications for School Health. **(Committee member).**
- 2013 Quality of life in children with cystic fibrosis as perceived by children and parents results from northern of Jordan. **(Committee member).**
- 2013 Perceived Stress and Coping Strategies among Jordanian Nursing Students during Clinical Practice in Psychiatric/mental Health Course. **(Committee member).**
- 2014 Depression in non-hospitalized patients with Coronary Artery Disease in Jordan. **(Co-Advisor).**

- 2014 Eating habits and associated factors among adolescent students in Madaba city Jordan. **(Advisor)**.
- 2014 The Status of Social Networks Addiction Among University Students Academic performance And Psychosocial Impact. **(Advisor)**.
- 2014 Psychosocial Burdens and Stigma of Epilepsy among Adult Patients in Jordan. **(Advisor)**.
- 2014 The Relationship between Emotional Intelligence and Job Performance among Jordanian Hospitals Registered Nurses. **(Committee Member)**.
- 2015 Nurses Work Ability Job Satisfaction and Shift worked Differences Relationships and Predictors. **(Advisor)**.
- 2015 Factors Associated with Antenatal Behaviors Among Jordanian Women. **(Co-Advisor)**.
- 2015 Nurses Professional Commitment and its effect on Patient Safety and Patient- Perceived Care Quality in Jordan **(Co-advisor)**.
- 2015 Factors influence the utilization of mental health services among a sample of clients in the primary health care centers in Jordan. **(Committee Member)**.
- 2015 Perceived caregiving burden and quality of life of Jordanian caregivers of children with Autism. **(Committee Member)**.
- 2015 Perceptions of Jordanian nurse managers regarding napping during breaks on night shifts **(Advisor)**.
- 2016 Relationship between psychological wellbeing, marital violence, social support, and undernutrition among pregnant and lactating Jordanian and Syrian Refugees women. **(Advisor)**
- 2017 Nursing students' satisfaction, and its relationship to academic performance and students characteristics **(Co-Advisor)**.
- 2017 Psychological Distress among University Students in Jordan and Their Need for Mental Health Services. **(Advisor)**.
- 2017 Quality of Life Evaluation for Family Caregivers of Patients with Leukemia **(Committee Member)**.
- 2017 The effect of pre-cardiac catheterization education on Jordanian patients level of anxiety and Satisfaction: An interventional study **(Committee Member)**.
- 2019 Implementing the situation background assessment and recommendation SBAR handover tool among intensive care units nurses in Jordan. **(Advisor)**.

- 2020 The relationship between stress levels and mindfulness among Jordanian nurse leaders. **(Co-Advisor)**.
- 2020 The relationship between perceived stress, resilience, coping, and quality of life among registered nurses : A structural Equation modeling Approach. **(Co-Advisor)**.
- 2021 The Relationship between Teachers' Attitudes towards School Bullying and Teacher-Student Relationship with school bullying victimization among Jordanian Students. **(Co-Advisor)**.
- 2021 Psychological distress, antipsychotic medications, and cardiovascular risk factors among patients with schizophrenia. **(Co-Advisor)**.

Internationally and Nationally Funded Research Projects.

1. Co-investigator in WHO-TDR proposal No. AP21-00546 entitled: **“The Associations between Risk Perception, Cognitive Fatigue, Stigma and Quality of Life with Long-term Implementation of Social Measures during COVID-19 Pandemic in the UAE: A Correlational Study”**, has been peer-reviewed by esteemed experts and recommended for funding by **USD 9,000**.
2. Principal investigator for the student undergraduate research fellowship (SURF-2021) research grant-entitled **“Health Promotion Lifestyle Profile for HCT Students: A descriptive cross-sectional study”**. Project completed, in progress for publication.
3. Principal investigator for the collaborative research project entitled **“Assessment of the Awareness, Perception, Attitudes, and Preparedness of Healthcare Professionals Potentially Exposed to COVID-19 in the United Arab Emirates”** with partners from MOHAP –UAE. The project finished and accepted for publication September 28th 2020 in the “Multidisciplinary Health Journal”.
4. Principal investigator for the research project entitled **“Resiliency and mental health among refugees in Jordan”**. Supported by Deanship of Research at Jordan University of Science and Technology and University of Sandiego/California (Published). Research Grant No: 20180359.
5. **Erasmus Staff-teaching Mobility**: Visited Hacettepe University-Ankara Turkey as recipient of staff mobility grant for period of September 23-28, 2018.
6. Principal investigator for the research project entitled **“Stigma Perception and Attitudes of Patients and Healthcare Professionals toward Providing Mental Health Services in Primary Health Care Centers”**. Supported by Deanship of Research at Jordan University of Science and Technology and University of Sandiego/California (Published). Research Grant No: 20170113
7. Principal investigator for the research study entitled **“Arabic Translation and Cultural Adaptation of the Stigma-Devaluation Scale for Use among Family Caregivers of Mentally Ill Relatives in Jordan”** which is Supported by Sigma Theta Tau-University of Texas Health Science at Houston-USA. 2008-2009. (Published).
8. **Quality of life, Stigma and Burden Perception among Family Caregivers and Patients with Psychiatric Illness in Jordan**” which is supported by Deanship of Research at Jordan University of Science and Technology.(Published, 2016)

Publications

- 1) **Dalky H.F.** (2011). Mental Illness Stigma Reduction Interventions: Review of Intervention Trials. Western Journal of Nursing Research, Mar 9. [Epub ahead of print]
- 2) **Dalky, H.F.** (2012). Arabic Translation and Cultural Adaptation of the Stigma-Devaluation Scale in Jordan. Journal of Mental Health, 21 (1), 72-82.

- 3) **Dalky, H.F.** (2012). Perception and Coping with Stigma of Mental Illness: Arab Families' Perspectives. *Issues in Mental Health Nursing Journal*, 33:486–491. DOI: 10.3109/01612840.2012.676720
- 4) **Dalky, H. F.**, Meininger, J. C., & Al-Ali, N. M. (2016). The reliability and validity of the Arabic World Health Organization Quality of Life-BREF Instrument among family caregivers of relatives with psychiatric illnesses in Jordan. *The Journal of Nursing Research*, 25 (3), 224-230. doi:10.1097/jnr.000000000000146.
- 5) **Dalky, H.F.**, Al-Momani, M., Al-Darabha, T., Al-Jarrah, S. (2016). Eating Habits and Associated Factors among Adolescent Students in Jordan. *Clinical Nursing Research*. 1-15. DOI: 10.1177/1054773816646308.
- 6) **Dalky, H.F.**, Qandil, A., Al-Natour, A. Meininger, J. (2017). Quality of life, Stigma and Burden Perception among Family Caregivers and Patients with Psychiatric Illnesses in Jordan. *Community Mental health Journal*, 53 (3), 266-27. DOI: 10.1007/s10597-016-0028-0.
- 7) **HF Dalky**, AARF Raeda, AA Esraa. Nurse managers' perception of night-shift napping: A cross-sectional survey. *Nursing Forum* [accepted July 2017].
- 8) **Dalky, H.F.**, Gharaibeh, H. & Faleh, R. (2017). Psychosocial Burden and Stigma Perception of Jordanian Patients With Epilepsy. *Clinical Nursing Research*
- 9) Al Ali, N. M., Alqurneh, M. Kh., **Dalky, H. F.**, Al-Omari, H. (2017). Factors affecting help-seeking attitudes regarding mental health services among attendance of primary health care centers in Jordan. *International Journal of Mental Health*, 46 (1).
- 10) Alslman, E., Abu Baker, N. & **Dalky, H.** (2017). Mood and anxiety disorders among adolescent students in Jordan. *Eastern Mediterranean Health Journal*, 23 (9).
- 11) Alhamdan, Z., **Dalky, H.** & Alramdneh, J. (2017). Nurses' Professional Commitment and Its Effect on Patient Safety. *Global Journal of Health Science*.
- 12) **Dalky, H.F.**, Qandeel, A. & Qawasmi, A. (2018). Factors Associated With Undernutrition Among Pregnant and Lactating Syrian Refugee Women in Jordan. *Global Journal of Health Science*.
- 13) **Dalky, HF**, Gharaibeh, B. & Al-khateeb, N. (2018). Work Ability Index of Shift Working Hospital Nurses in Jordan. *The Open Nursing Journal*.
- 14) **Dalky HF**, Gharaibeh Assel (2018). Depression, anxiety, and stress among college students in Jordan and their need for mental health services *Nursing Forum* [Accepted December, 2018].
- 15) IM AL-ZARU, F ALHALAIQA, **HF DALKY**, KA ARRAMADAN, AM BATIHA. (2019). Depression in Non-hospitalized Jordanian Patients With Coronary Artery Disease. *The journal of nursing research: JNR*.
- 16) **Heyam F Dalky**, Hana H Abu-Hassan, Alaa Fawwaz Dalky, Wael Al-Delaimy (2019). Assessment of Mental Health Stigma Components of Mental Health Knowledge, Attitudes and Behaviors among Jordanian Healthcare Providers. *Community Mental Health Journal*, 1-8.

- 17) M Aldalaykeh, **H Dalky**, G Shahrour, M Rababa (2020). Psychometric properties of two Arabic Suicide Scales: stigma and literacy. *Heliyon*, 6 (4). doi.org/10.1016/j.heliyon.2020.e03877.
- 18) S Abuhammad, **H Dalky** (2019). Ethical Implications of Mental Health Stigma: Primary Health Care Providers' Perspectives. *Global Journal of Health Science*, 11 (12). DOI: 10.1007/s10597-019-00509-2.
- 19) **Dalky, Heyam**; Abu Alrub, Raeda; & Rawan (2020). Evaluation of the 'SBAR' Handover Tool in Improving Communication and Satisfaction among Jordanian Nurses Working in Intensive Care Units Dimensions of Critical Care Nursing. Accepted July, 2020.
- 20) **Heyam F. Dalky**, Ayman M. Hamdan-Mansour, Basil H. Amarneh,et. al (2020). Social discrimination perception of health-care workers and ordinary people toward individuals with COVID-19. *Social Influence*, 1-15. DOI: 10.1080/15534510.2020.1838945
- 21) **Dalky, H. F.**, Ghader, N., Al Kuwari, M., Alnajar, M., Ismaile, S., Almalik, M., ... & Al Matrooshi, F. (2021) Assessment of the Awareness, Perception, Attitudes, and Preparedness of Health-care Professionals Potentially Exposed to COVID-19 in the United Arab Emirates. *Journal of Multidisciplinary Healthcare*, 14, 91-102.
- 22) Dehnel, R., **Dalky, H.**, Sudarsan, S. et al. Resilience and Mental Health among Syrian Refugee Children in Jordan. *J Immigrant Minority Health* (2021). <https://doi.org/10.1007/s10903-021-01180-0>

Workshops and Conferences

2009- till present **Organizing, Participating and attending workshops and conferences. Selected examples are below:**

- Attending Launching Ceremony for the National Report on Evaluation of Mental Health Services in Jordan. Royal Scientific Society, Amman-Jordan, 2010.
- *Presenting "Arabic Translation and Cultural Adaptation of the Stigma-Devaluation Scale for Use among Family Caregivers of Mentally Ill Relatives in Jordan"* at the Third International Nursing Conference "The Heart of the Matter: Relevance of Nursing Responsiveness" 2010, JNC/Jordan.
- *Presenting "Translation and cultural adaptation of the SDS for use among family caregivers of mentally ill relatives in Jordan"* at the World Psychiatric Association Thematic Conference, Istanbul-Turkey, 2011.
- *Organizing a series of lectures as part of the 4th workshop of the national program to Promote Mental Health Services for nurses in Jordan, using evidence-based research and knowledge to guide the education program.* Jordan Nursing Council, Jordan, July-December 2011.
- Attending workshop "Promoting Patient Safety Culture", Jordan University of Science and technology, Jordan, 2011.
- Organizing a scientific lecture on "Adolescents' problems, challenges and suggested solutions" for 9th grade female students at Yarmouk Model School, Irbid, 2012.

- Organizing a scientific day entitled “Pracademia: Bringing the Concept to Light” to introduce the concept of Pracademia and its importance in bridging the education practice gap / faculty of nursing, Jordan University of Science and technology/ Jordan, 2013.
- Organizing a workshop on “Psychological Needs of Patients in General Hospitals”, at the Fourth International Nursing Conference: “The Tipping Point: Creative Solutions to Health and Nursing Challenges”. Jordan Nursing Council, Jordan, 2013.
- *Presenting “Perception and Coping with Stigma of Mental Illness: Arab Families’ Perspectives”* at the Fourth International Nursing Conference: “The Tipping Point: Creative Solutions to Health and Nursing Challenges”. Jordan Nursing Council, Jordan, 2013.
- Attending a “TTT (Train the Trainers)” workshop held at Consultative Center of Jordan University of Science and Technology, and fulfilling the basic requirements for certified Trainer. Jordan, 2013.
- Attending a two days workshop on Advance Statistical Analysis “SPSS” held at the Academic Development Center at Jordan University of Science & technology. Jordan, 2013.
- Attending workshop “E-learning: Open Educational Resources” held at the Academic Development and Quality Assurance Center at Jordan University of Science & technology. Jordan, 2014.
- Organizing a workshop “National Exam: Tips for Success” held in National Rehabilitation Center for Addiction in Abu-Dhabi-UAE, October, 2014, and in collaboration with Consultative Center of Jordan University of Science and Technology-Jordan.
- Organizing Mental Health Awareness Day “يلا نحكي” that held in collaboration with Royal Health Awareness Society, Jordan Nurses Council and students’ Affairs at Jordan University of Science & Technology, October, 2014.
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- Attending the Elsevier “Authoring Seminar” workshop that have been conducted at JUST **Library** on Monday 11th of May, 2015.
- Attending an Elsevier training session hosted by **Library** Unit at JUST library on April, 2015.
- Attending a workshop entitled “Accreditation and Self-Evaluation for Nursing Faculties” , " ورشة عمل الاعتماد و التقويم الذاتي لكليات التمريض " ; which took place in Al-Eskandaria-Egypt over the period 27-28/4/2016.

- Attending workshops held regularly at the Journal club, Faculty of Nursing, Jordan, 2012-present
- Attending the “International Conference on Ethics and Biomedical Informatics in Jordan. August 10th, 2016. Jordan University of Science & Technology Irbid, Jordan.
- Attending the “The 2nd International Conference on Ethics in Jordan: Clinical Trials”. August 2nd – 4th, 2017. Jordan University of Science & Technology Irbid, Jordan.
- Attending “The 2nd Global Mental Health Conference”. October 5th-7th, 2017. The University of Jordan, Amman, Jordan.
- Attending the “International Nursing Congress on Innovative Avenues: Practice drives Education, Research, and Policy. October 16th – 17th , 2018. Faculty of Nursing/ JUST, Irbid, Jordan
- Attending several workshops related to computer and communication skills as well as teaching and evaluation strategies, 2009-present.
- Summer semester 2020, I was consulted to teach at the ALEF –health care Education program initiative to prepare future nurses started from July 5th until August 11th. The health program targeted school students from 10-12 grades. Conducted as three-section a day three days a week for 5 weeks. Education and skills are shared with students.
- In February 2020 I collaborated with other nursing faculty in presenting a workshop on “Common Psychiatric Issues among Patients in General Hospitals” in the IEHS 2020 Conference-Dubai, UAE. The workshop was to identify major principles of psychiatric health nursing needed to successfully integrate within the traditional regular general nursing care.
- Of the other examples of community contributions are conducting awareness open day activity for students at HCT-SWC campus October 2019; in celebration of ‘Mental Health Day’; entitled: “Let Us Talk”, which tackled stigma associated with mental illness and provide more information about mental health for students.

Awards

- Winner of the Distinguished Teacher Award for year 2019. Academic Development Center. Faculty of Nursing, Jordan University of Science & Technology.
- Sigma Theta Tau Research Award, 2008, University of Texas Health Science Center at Houston, School of Nursing, Houston City/Texas/USA.

Committees and Task forces:

- Head Applied Research Coordinator-SJC, Higher Colleges of Technology, 2020-current.
- Head Health Science Research Activity, Higher Colleges of Technology, 2020-current.
- Member Professional Certificate Qualification Committee, -SJC, Higher Colleges of Technology, 2020-current.
- Member Advising Committee / Faculty of Nursing, Jordan University of Science and Technology, 2009-present.
- Member Curriculum Committee, Faculty of Nursing, Jordan University of Science and Technology, 2009- present.
- Member Department Research Committee, Faculty of Nursing, Jordan University of Science and Technology, 2012- present.
- Member Journal/Research committee, Faculty of Nursing, Jordan University of Science and Technology, 2012-present.
- Member Department Council/ Faculty of Nursing, Jordan University of Science and Technology, 2013-2017t.
- Member Library Committee, Faculty of Nursing, Jordan University of Science and Technology, 2014- 2017.
- Member WHO Collaborating Center Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Member Communication & Media Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Head Academic Advising Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Head Students' Investigation Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- present.
- Head Course Evaluation & Verification Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2018.
- Head Graduation Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Head Central Academic Quality Committee, Faculty of Nursing, Jordan University of Science and Technology, 2015- 2017.
- Head Standard 2/ACEN Committee, Faculty of Nursing, Jordan University of Science and Technology, 2017-present.
- Member National Mental Health Committee/JNC, 2014-present.