

Norethindrone

Class: Contraceptive; Progestin

Indications:

Treatment of amenorrhea; abnormal uterine bleeding; endometriosis; prevention of pregnancy .

Available dosage form in the hospital:

NORETHISTERONE 5MG TAB

Trade Names:

Dosage:

Adult:

Contraception (females): Oral: Progesterone only: Norethindrone 0.35 mg every day (no missed days).

Initial dose: Start on first day of menstrual period or the day after a miscarriage or abortion. If switching from a combined oral contraceptive, begin the day after finishing the last active combined tablet.

Missed dose: Take as soon as remembered. A back up method of contraception should be used for 48 hours if dose is taken ≥ 3 hours late.

Amenorrhea and abnormal uterine bleeding: Oral: Norethindrone acetate: 2.5-10 mg/day for 5-10 days during the second half of the menstrual cycle.

Endometriosis: Oral: Norethindrone acetate: 5 mg/day for 14 days; increase at increments of 2.5 mg/day every 2 weeks to reach 15 mg/day; continue for 6-9 months or until breakthrough bleeding demands temporary termination.

Renal Impairment:

No dosage adjustment provided in manufacturer's labeling.

Hepatic Impairment:

No dosage adjustment provided in manufacturer's labeling. However, contraindicated in patients with hepatic tumors or impairment.

Common side effect:Frequency not defined.

Cardiovascular: Cerebral embolism, cerebral thrombosis, DVT, edema.

Central nervous system: Depression, dizziness, headache, insomnia, migraine, mood swings.

Dermatologic: Acne, chloasma, hirsutism, melasma, pruritus, rash, urticaria.

Endocrine & metabolic: Amenorrhea, breakthrough bleeding, breast enlargement/tenderness, menstrual flow changes, spotting.

Gastrointestinal: Nausea, weight gain/loss.

Genitourinary: Cervical erosion changes, cervical secretion changes.

Hepatic: Cholestatic jaundice, liver function test abnormalities.

Ocular: Optic neuritis (with or without vision loss), retinal vascular thrombosis.

Respiratory: Pulmonary embolism.

Miscellaneous: Anaphylactic/anaphylactoid reactions.

Pregnancy Risk Factor: X