

KHADER (AHMAD TAWFIQ) K. ALMHDAWI, PhD
Associate Professor of Rehabilitation Sciences
Rehabilitation Sciences Department
Jordan University of Science & Technology

CONTACT INFORMATION

❖ **Mailing Address:**

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Jordan University of Science &
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ACADEMIC TRAINING

❖ **Rehabilitation Science, PhD**

Thesis: "Effects of occupational therapy task-oriented approach in upper extremity post-stroke rehabilitation"
University of Minnesota,
Twin Cities, USA, August 2011

❖ **Occupational Therapy, MS**

Colorado State University,
Fort Collins – USA. August 2006.

❖ **Occupational Therapy, B.Sc.**

Jordan University of Science and Technology,
Irbid – Jordan. June 2003.

TEACHING EXPERIENCE

☒ **Associate Professor of Rehabilitation Sciences**

July 31th, 2018 - Present
Department of Rehabilitation Sciences,
Faculty of Applied Medical Sciences,
Jordan University of Science and Technology,
Irbid – Jordan.

☒ **Assistant Professor of Rehabilitation Sciences**

September 12th, 2011- August 2018.
Department of Rehabilitation Sciences,
Faculty of Applied Medical Sciences,
Jordan University of Science and Technology,
Irbid – Jordan.

Undergraduate Courses:

- OT210 Occupational Therapy Fundamentals
- OT343 Occupations as Therapy
- OT351 Occupational Therapy Applied for Physical Dysfunction (1)
- OT452 Occupational Therapy Applied for Physical Dysfunction (2)
- OT445 Clinical Practice (Physical 1)
- OT460 Clinical Practice (Independent Evidence Based)
- OT 449 Prosthetics and Orthotics
- PT 218 GROSS ANATOMY & HISTOLOGY
- PT457 Prosthetics and Orthotics
- PT326 Neuroscience II
- OT356 Upper Extremity Rehabilitation and Splinting
- LM493 Research Project
- OT100 Disability and the Society (*Online elective course for all university majors, about 600 students register each summer*)
- Advising undergraduate research project students (>100 students).

Graduate Courses:

- PT 753 Advanced Clinical Neuroscience
- PT 711 Advanced Management in Medical Sciences
- PT 791 Seminar
- CR724 Advanced Theories and Practice in Neurological Rehabilitation
- CR736 Advanced Theories and Practice in Orthopedic Rehabilitation
- CR 722 Advanced Theories and Applications in Motor Learning and Motor Control
- CR 741 Educational Approaches in Rehabilitation Sciences

Part-time instructor at University of Jordan (Sep-2013):

- Assessment in Occupational Therapy course.

Teaching Specialist

May 2008 – August 2011

Program of Occupational Therapy

University of Minnesota, Twin Cities– USA

Courses:

- OT 6301 Neuroscience (*Hybrid course: online and dynamic face-to-face*)
- OT 6302 Occupation Through Remediation (*Hybrid course: online and dynamic face-to-face*)

Grad 8101 Teaching in Higher Education

Advanced course in dynamic teaching theories

Summer 2008 (June-August)

University of Minnesota

Twin Cities- USA

Occupational Therapy Full-time Lecturer

September 17th 2006- August 23rd 2007.

Department of Allied Medical Sciences,

Faculty of Applied Medical Sciences,

Jordan University of Science and Technology,

Irbid – Jordan.

Courses:

- OT471 Methods in Occupational Therapy 1
- OT472 Methods in Occupational Therapy 2
- OT486 Clinical Practicum in Pediatrics Occupational Therapy
- OT362 Human Occupations 2
- OT473 Psychiatry and Occupational Therapy
- OT482 Clinics of Occupational Therapy 2
- OT483 Orthopedics in Occupational Therapy
- PT 326 Neuroscience 2

☒ Occupational Therapy Teaching Assistant

September 1st 2003 – August 15th 2005.

Department of Allied Medical Sciences,

Faculty of Applied Medical Sciences,

Jordan University of Science and Technology,

Irbid – Jordan.

Courses:

- OT 341 Theory of Occupational Therapy
- OT 342 Occupational Role in Development
- OT 362 Human Occupation 2
- OT 471 Method of Occupational Therapy 1
- OT 472 Methods in Occupational Therapy 2
- OT 481 Clinics of Occupational Therapy 1
- OT482 Clinics of Occupational Therapy2
- OT 486 Clinical Practicum in Pediatrics Occupational Therapy

ONLINE TEACHING SKILLS:

- Online/hybrid teaching training workshop: University of Minnesota, USA-2009.
- Curriculum Building, Erasmus Plus project: interdisciplinary clinical master program in Rehabilitation Sciences (JUST-CRS), Jordan-2017
- Curriculum Building, Hacettepe University, Turkey – March, 2017
- Online/hybrid teaching training workshop: ESSA University, Portugal – May-2017
- Open Educational Resources (OER) Workshop: Jordan University of Science & Technology, Jordan-2016.
- Designed and delivered many online and hybrid courses at University of Minnesota and Jordan University of Science & Technology.

CLINICAL EXPERIENCE**☒ Clinical Training Supervisor at King Abdullah University Hospital**

September 2011- present

Adults' physical dysfunctions occupational therapy training

Jordan University of Science & technology, Irbid, Jordan

☒ Conducted a Clinical Stroke Rehab Study

2009-2011

Effects of OT Task-Oriented Approach in Upper Extremity Post-Stroke Rehabilitation

Sister Kenny Rehabilitation Institute, Minneapolis, MN, USA

Updated on August 22nd, 2019

☒ **Students Accessibility and Accommodation officer at Disability Resource Center**

November 2011- July 2019

University of Minnesota, Twin Cities, USA

☒ **OT Clinical Trainer in the Following Settings:**

September 17th 2006 – August 25th 2007.

- King Abdullah University Hospital. (General OT clinic with emphasis on Adults Physical Dysfunctions)
- Cerebral Palsy Foundation (Pediatrics).
- The National Center of Mental Health (Al Fouhase Psychiatry Hospital).
- Occupational Therapy Laboratory, Jordan University of Science and Technology.

☒ **OT Clinical Supervisor in the Following Settings:**

September 1st 2003 – August 15th 2005.

- Cerebral Palsy Foundation (pediatrics).
- Royal Medical Services (Farah Rehabilitation Center).
- The National Center of Mental Health (Al Fehase psychiatry hospital).
- King Abdullah University Hospital.
- Al Basheer Hospital Occupational therapy clinic.

☒ **Part-time Occupational Therapist**

July 1st 2003 – August 15th 2005

- OT Department - King Abdullah University hospital, Irbid – Jordan
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ADMINISTRATIVE EXPERIENCE:

☒ **Chairman of Rehabilitation Sciences Department**

September 2017 – September 2019

The department has three divisions: 1- Occupational therapy 2-Physical Therapy 3-Speech Pathology and Audiology

Duties/Responsibilities:

- Students transfer academic follow up and paperwork.
- Courses schedule building and fieldwork planning.
- Leading and organizing Graduate studies programs (MSc)
- Training supplies and equipment tenders' technical supervision.
- Local society services.
- Leading and organizing research activities.
- Cooperation and liaisons with other national and international institutions and foundations.

☒ **Division Head of Occupational Therapy B.Sc. Program**

October 17th 2006 – August 23rd 2007.

☒ **Committees/Boards**

- Chair and member of rehabilitation sciences department council - Jordan University of Science & Technology.
- Member of Institutional Review Board committee (IRB) at King Abdullah University Hospital & Jordan University of Science & Technology.
- Member of applied medical Sciences faculty council - Jordan University of Science & Technology.
- Chair and member of graduate studies committee at Rehabilitation Sciences department - Jordan University of Science & Technology

- Member of graduate studies committee at applied medical Sciences faculty - Jordan University of Science & Technology.
 - Member of academic curriculum committee at applied medical Sciences faculty - Jordan University of Science & Technology.
 - Member of quality assurance committee at applied medical Sciences faculty - Jordan University of Science & Technology.
 - Chair and member of scientific research committee at rehabilitation sciences department council - Jordan University of Science & Technology.
 - Member of local community services committee at Rehabilitation Sciences department - Jordan University of Science & Technology.
 - Evaluator at Jordanian accreditation and quality assurance commission for higher education institutions (for occupational therapy departments)
 - Examiner at Jordanian civil services bureau for occupational therapy applicants.
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RESEARCH INTERESTS:

- ❖ Adults Neurorehabilitation (Mainly Stroke Rehabilitation)
 - ❖ Adults Musculoskeletal Rehabilitation
 - ❖ Adults Physical Dysfunctions
 - ❖ Occupational Stress (physical & mental)
 - ❖ Online Medical Education
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PEER REVIEWING (Refereed Journals):

- ❖ Archives of Physical Medicine and Rehabilitation: (*named by the journal as elite reviewer in 2016*)
 - ❖ Annals of International Occupational Therapy: (*Editorial board member*)
 - ❖ Quality of Life Research
 - ❖ Journal of Back and Musculoskeletal Rehabilitation
 - ❖ PLOS One Journal
 - ❖ International Journal of Stress Management
 - ❖ BMC Medical Education
 - ❖ International Dental Journal
 - ❖ International Journal of Public Health
 - ❖ Medical Education Online
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SUMMARY OF SCHOLARLY ACTIVITIES:

- ❖ **Almhdawi, K. A.** (2011). Effects of occupational therapy task-oriented approach in upper extremity post-stroke rehabilitation. (Doctoral Dissertation), University of Minnesota. University of Minnesota Digital Conservancy database.
- ❖ **Almhdawi, K. A.,** Mathiowetz, V., & Bass, J. (2013). Assessing Abilities and Capacities: Motor Planning and Performance. In M. V. Radomski & C. A. Trombly Latham (Eds.), Occupational Therapy for Physical Dysfunction (7th ed., pp. 242-275). Baltimore: Lippincott Williams & Wilkins.
- ❖ **Almhdawi, K. A.,** Mathiowetz, V. G., White, M., & delMas, R. C. (2016). Efficacy of Occupational Therapy Task-oriented Approach in Upper Extremity Post-stroke Rehabilitation. Occupational Therapy International, 23(4), 444-456.

- ❖ **Almhdawi, K. A.**, Mathiowetz, V., Al-Hourani, Z., Khader, Y., Kanaan, S. F., & Alhasan, M. (2017). Musculoskeletal pain symptoms among allied health professions' students: Prevalence rates and associated factors. *J Back Musculoskelet Rehabil*, 30(6), 1291-1301.
- ❖ **Almhdawi, K. A.**, Kanaan, S. F., Khader, Y., Al-Hourani, Z., Almomani, F., & Nazzal, M. (2018). Study-related mental health symptoms and their correlates among allied health professions students. *Work*, (Preprint), 1-11
- ❖ Almomani, F., Al-momani, M. O., Alsheyab, N., & **Al Mhdawi, K.** (2017). Reasoning Abilities and Potential Correlates Among Jordanian School Children. *Maternal and Child Health Journal*, 22(4), 501-511.
- ❖ Al-Hourani, Z., Nazzal, M., Khader, Y., **Almhdawi, K.**, & Bibars, A. R. (2017). Work-related musculoskeletal disorders among Jordanian dental technicians: Prevalence and associated factors. *Work*, 56(4), 617-623.
- ❖ Almomani, F., Josman, N., Al-Momani, M. O., Malkawi, S. H., Nazzal, M., **Almahdawi, K. A.**, & Almomani, F. (2014). Factors related to cognitive function among elementary school children. *Scandinavian Journal of Occupational Therapy*, 21(3), 191-198.
- ❖ Abdelrahman, M. A., Alhasan, M., Alewaidat, H., Rawashdeh, M. A., Al Mousa, D. S., & **Almhdawi, K. A.** (2017). Knowledge of nosocomial infection control practices among radiographers in Jordan. *Radiography*, 23(4), 298-304.
- ❖ Bibars, A. R. M., Alfwaress, F. S., Hamasha, A. A. H., Al-Hourani, Z. A., & **Almhdawi, K.** (2017). Prosthodontic Rehabilitation of Arabic Speaking Individuals with Velopharyngeal Incompetence: A Preliminary Study. *The Open Dentistry Journal*, 11(1), 436-446.
- ❖ Alhasan, M., Abdelrahman, M., Alewaidat, H., **Almhdawi, K.**, & Nazzal, M. (2014). Work-related stress, musculoskeletal disorder complaints, and stress symptoms among radiographers in the Northern Part of Jordan. *Journal of Medical Imaging and Radiation Sciences*, 45(3), 291-298.
- ❖ **Almhdawi, K.**, & Mathiowetz, V. (2016). Occupational Therapy Task-Oriented Approach Treatment Protocol for Upper Extremity Poststroke Rehabilitation. Presented 2nd European Stroke organization Conference, Barcelona, Spain. *European Stroke Journal*, 1(1), 525-525.
- ❖ **Almhdawi, K.**, Mathiowetz, V., & White, M. (2014). Efficacy of Occupational Therapy Task-oriented Approach in Upper Extremity Post-stroke Rehabilitation. Presented at 9th World Stroke Congress, Istanbul, Turkey. *International Journal of Stroke*, 9(4):217-217.
- ❖ Mathiowetz, V., & **Almhdawi, K.** (2012). Effects of OT Task-Oriented Approach in Upper Extremity Post-Stroke Rehabilitation. Presented at MOTA State Conference, Bloomington, MN, USA
- ❖ **Almhdawi, K.** (2011). Task-Oriented Therapy Post-Stroke. Presented at Assisted Living & Senior Housing Summit, Care Providers of Minnesota, St. Cloud, MN, USA
- ❖ Jamie Rennick, Deanna Shepherd, Erin Rogge, **Khader Almhdawi.** (December 2005). Impact of Motor Functioning on Neurological Outcomes for Persons Affected by Stroke: A Constraint Induced Therapy (CIT) Study. Department of Occupational Therapy, CSU.

ONGOING PROJECTS/SUBMITTED MANUSCRIPTS

- ❖ The Prevalence of Work Related Musculoskeletal Disorders and Their Associated Factors Among Practicing Nurses in Jordan.
- ❖ The efficacy and compliance in using a smartphone application in treating non-specific low back pain among office employees: a randomized controlled trial.
- ❖ The prevalence of fatigue among individuals with stroke and its predicting factors.
- ❖ Exploring mental health symptoms and their correlates among stroke survivors in Jordan.

- ❖ Improving knowledge related to disability and attitudes toward individuals with disabilities among undergraduate students via regular and online courses.
 - ❖ Infection knowledge and attitudes among allied health professions students.
 - ❖ Quality of life of allied health professions students and its correlates.
 - ❖ Translation, Cross-cultural Adaptation of the Low Back Pain Knowledge Questionnaire and Back Pain Attitudes Questionnaire.
 - ❖ The differences in participation patterns between children with autism spectrum disorders and children with typical development.
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MASTER THESIS SUPERVISION:

Main advisor and committee chair:

- ❖ Hassan K. AL-Rabbaie (2019). *The Prevalence of Work Related Musculoskeletal Disorders and Their Associated Factors Among Practicing Nurses in Jordan*. Department of Rehabilitation sciences, Faculty of applied medical sciences, Jordan University of Science & Technology.
- ❖ Donia S. Obeidat (2019). *The efficacy and compliance in using a smartphone application in treating non-specific low back pain among office employees: a randomized controlled trial*. Department of Rehabilitation sciences, Faculty of applied medical sciences, Jordan University of Science & Technology.
- ❖ Hanan B. Jaber (2019). *The prevalence of fatigue among individuals with stroke and its predicting factors*. Department of Rehabilitation sciences, Faculty of applied medical sciences, Jordan University of Science & Technology.
- ❖ Alza H. Al-Azrai. (2019). *Exploring mental health symptoms and their correlates among stroke survivors in Jordan*. Department of Rehabilitation sciences, Faculty of applied medical sciences, Jordan University of Science & Technology.

Co-advisor and committee member:

- ❖ Hana'a Khraise. (2019). *Translation, Cross-cultural Adaptation of the Low Back Pain Knowledge Questionnaire and Back Pain Attitudes Questionnaire*. Department of Rehabilitation sciences, Faculty of applied medical sciences, Jordan University of Science & Technology.
 - ❖ Sanaa Al-Shloul. (2019). *The differences in participation patterns between children with autism spectrum disorders and children with typical development*. Department of Rehabilitation sciences, Faculty of applied medical sciences, Jordan University of Science & Technology.
 - ❖ Eman Allataifeh Allatayfa. (2019). *The impact of the motor and non-motor factor on the participation in the instrumental activity of daily living and leisure in patients with multiple sclerosis*. Department of Rehabilitation sciences, Faculty of applied medical sciences, Jordan University of Science & Technology.
 - ❖ Amani Ardah. (2019). *Comparison between typically developed children and children with hearing/speech problems in Sensory Processing*. Department of Rehabilitation sciences, Faculty of applied medical sciences, Jordan University of Science & Technology.
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CONTINUING EDUCATION/CONFERENCES (one day or more)

Delivered Presentations/ Workshops

- ❖ Allied Health Students Health-Related Quality of Life and Its Musculoskeletal and Mental Stress Predictors (oral presentation). ICOT 2019: International Conference on Occupational Therapy. Paris - France (March, 2019). One session chair & winner of best presentation award.
- ❖ Scientific committee of First MENA Spinal Cord Injury Meeting and & 8th Conference on Rehabilitation and Disability. Fez-Morocco (March, 2019)
- ❖ Efficacy of Occupational Therapy Interventions in Spinal Cord Injury Rehabilitation (oral presentation). First MENA Spinal Cord Injury Meeting and & 8th Conference on Rehabilitation and Disability. Fez-Morocco (March, 2019)

- ❖ OT and PT Clinical Tone Management in Neurorehabilitation: Six Different Therapeutic Approaches (clinical Workshop). First MENA Spinal Cord Injury Meeting and 8th Conference on Rehabilitation and Disability. Fez-Morocco (March, 2019)
- ❖ Task-Oriented Rehabilitation for Upper Extremity Post-Stroke: A Case Study (oral presentation). World Physical Medicine and Rehabilitation Conference: Istanbul-Turkey (November, 2018). Member of organizing committee and one day co-chair.
- ❖ Scientific committee of 10th International Congress of Prosthetics and Orthotics: Hacettepe University. Ankara-Turkey (October, 2018)
- ❖ Musculoskeletal Pain Symptoms among Allied Health Students and their Associated Factors (oral presentation). The 6th Emirates Physiotherapy Conference: Dubai-UAE (May, 2018).
- ❖ Task-Oriented Therapy for Upper Extremity Post-Stroke Rehabilitation (oral presentation). Physiotherapy and Rehabilitation Conference, Antalya-Turkey (April- 2018)
- ❖ Autism in Jordan. Learning Together for Special Education (oral presentation). Dead sea-Jordan (April-2017)
- ❖ Controlling Muscle Tone in Neurorehabilitation (clinical Workshop). King Abdullah University Hospital. Irbid-Jordan (December, 2016)
- ❖ Occupational Therapy Task-Oriented Approach Treatment Protocol for Upper Extremity Poststroke Rehabilitation (oral presentation). Second European Stroke Organization Conference, Barcelona, Spain (2016)
- ❖ Efficacy of Occupational Therapy Task-oriented Approach in Upper Extremity Post-stroke Rehabilitation (oral presentation). 9th World Stroke Congress, Istanbul, Turkey (2014)

Attended Conferences/Workshops

- ❖ Learning Design workshop, Jordan University of Science & Technology, Irbid, Jordan (2012)
- ❖ Open Educational Resources (OER) Workshop: Jordan University of Science & Technology, Jordan-2016.
- ❖ Statistical Package for Social Sciences workshop, Jordan University of Science & Technology, Irbid, Jordan (2013)
- ❖ Testing and Evaluation workshop, Jordan University of Science & Technology, Irbid, Jordan (2012)
- ❖ Stroke rehabilitation workshop, Sister Kenny Rehabilitation Institute, , Minneapolis, MN, USA (2011)
- ❖ MOTA State Conference, Bloomington, MN, USA (2011)
- ❖ Cognitive Rehabilitation Workshop, Program in occupational therapy, University of Minnesota, Minneapolis, MN, USA (2010)
- ❖ Stroke Rehabilitation workshop, Rehabilitation Sciences department, University of Minnesota, Minneapolis, MN, USA (2010)
- ❖ Splinting Workshop (clinical approach to hand splinting), Lavender Trade & services and Orfit Industries N.V. Jordan University. Amman – Jordan. (2003)

AWARDS/GRANTS

- ❖ Care Providers of Minnesota (James B. Swanson Memorial grant), \$22,490 for a two-year study, Effects of OT Task-Oriented Approach in Upper Extremity Post-Stroke Rehabilitation. 2009-2011. In collaboration with Virgil Mathiowetz, PhD, OTR/L
- ❖ Jordan University of Science and Technology, 2250 JD. Mental and Physical School-Related Stressors among a Recently Established Applied Health Sciences Institution's Students during Their Clinical Training, 2016.
- ❖ Jordan University of Science and Technology, 2300 JD. Students' Knowledge, Attitudes, and Practices of Infection Control in a Recently Established Applied Health Sciences Institution during Clinical Training, 2016.
- ❖ Jordan University of Science and Technology, 5200 JD. The Efficacy and Compliance of Using Non-Specific Low Back Pain Smartphone Treatment Application among Office Employees: A Randomized Controlled Trial, 2018.
- ❖ Jordan University of Science and Technology, 1500 JD. Improving College Students Knowledge and Attitudes toward Disability, 2018.
- ❖ Jordan University of Science and Technology, 6040 JD. The Prevalence of Work Related Musculoskeletal Disorder and Their Associated Factors among Practicing Nurses in Jordan, 2018.

- ❖ Jordan University of Science and Technology, 5200 JD. The Prevalence of Fatigue among Individuals with Stroke and Its Predicting Factors, 2018.
 - ❖ Jordan University of Science and Technology, 5150 JD. Exploring Mental Health Symptoms and Their Predictors among Individuals with Stroke in Jordan, 2018.
 - ❖ Dean List, two times in the last two semesters of B.Sc.
 - ❖ The second rank among the B.Sc. graduated students.
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COMMUNITY SERVICES:

- ❖ Motor skills evaluations and interventions in children with learning difficulties. Educational lecture, Educational conference for teachers, parents and therapists. Learning together for special education: Amman-Jordan (August-2017)
 - ❖ Sensory deficits and sensory-based rehabilitation for children with autism. Educational lecture, Educational conference for teachers, parents and therapists. Learning together for special education: Dead sea-Jordan (April-2017)
 - ❖ Educating local community (many Jordanian villages and dates) regarding disabilities early detection, rehabilitation, & advocacy.
 - ❖ Participating in Faculty of Applied Medical Sciences free medical days (multiple days).
 - ❖ Created the University elective course “Disability and the Society, OT 100”, Jordan University of Science & Technology, Irbid 2015. The course provides general education related to disability/handicap accommodation and community integration. Approximately 1000 (out of rehabilitation majors) students take the course each summer.
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PROFESSIONAL WEBSITES/ACCOUNTS LINKS

- ❖ **Official Personal Webpage** (at Jordan University of Science & Technology):
<http://www.just.edu.jo/eportfolio/Pages/Default.aspx?email=khader>
 - ❖ **LinkedIn:**
<https://www.linkedin.com/in/khader-almhdawi-ot-phd-05147063>
 - ❖ **Google scholar:**
<https://scholar.google.com/citations?user=59ERSegAAAAJ&hl=en>
 - ❖ **Research gate:**
https://www.researchgate.net/profile/Khader_Almhdawi?ev=hdr_xprf&_sg=313Hefo1AM4ibai-qQPzCeQZf-XYfBu2B_QhyMXE5rI4HTmgbP912Rhil4F6zEXbM4YBr-jvl2XPqbjYfi5flxgt
 - ❖ **ORCID:**
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REFERENCES

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Science
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