

Patient Systematic Approach

Ibrahim Fraihat, RN, BSc, MSHA, Consultant in Training and Continuous Education.

Patient systematic approach concentrates on Nursing initial action in different Patient situations (Adult, child and infant) The most critical moment for the nurse especially who are working in a places where they will be the first responder or the first healthcare provider to approach the critically ill patient is the first few minutes.

These few minutes required the nurse to act fast make decision and start the care.

It is important that the nurse get the knowledge and skills in order to be confident to manage this situation depending on the immediately available resources.

These approaches which all nurses are advised to have it are listed below:

1. The BLS approach. When the patient suddenly collapsed in front of the nurse and become unresponsive, the nurse should know what action is required here and what are the available resources I can use immediately, this can be obtained if the nurse took the Basic life support course. And keep refreshing his/her knowledge and skills.
2. The ACLS approach. This approach can be used for conscious and semi-conscious patient who is having a pulse or a patient who got ROSC after cardiac arrest, this knowledge and skills can be obtained by taking the ACLS course
3. The Pediatric approach. When a critically ill child received by a nurse she/he should know what my initial action are should be. Because children are deteriorating fast so the action should be fast, this knowledge and skills can be obtained by taking the PALS course
4. The Trauma Nursing Process approach. This approach is designed to provide the nurse with the knowledge and skills appropriate to deal with a trauma patient, the nurse should recognize what are the initial action I should take such as across the room observation to find the life threatening uncontrolled hemorrhage.

All these approaches are very useful especially in the first few critical minutes when emotions run high so these will provide the nurse with confident, skills and knowledge to manage such a situation.

Recent Publications

1. Patient Systematic Approach, ADNOC occupational Health CME day 2018
2. Risk Management ADNOC occupational Health CME day 2018
3. Management of ambulance cases for healthcare provider, ADNOC training program 2017
4. Pediatric Assessment during emergencies, January 26th 2015, Medical Services CNE Program
5. Advance Cardiovascular refresher series ARS, ADNOC training Program April 3rd, 2014
6. Major incident medical management and Support (METHANE Report) June 22nd, 2014
7. Stroke Assessment, ADNOC CME Program February 11th, 2013
8. School Health, Nurse Role June 23rd, 2010 ADNOC CME Program



Biography

Ibrahim Fraihat has BSc Nursing, Master of Science in healthcare administration and a professional classification as Consultant in Training and continuous Education JNMC. He has 25 years of experience in different Nursing fields, Emergency nursing, Trauma nursing, School nursing, Occupational nursing, Nursing Management and Clinical Education for all health care Provider, in addition has an experience in Risk management and disaster management. He is a recognized Lead Nurse Planner by ANCC and ANA/ENA TNCC instructor, approved American Heart Association Instructor for ALL AHA disciplines BLS, ACLS, PALS, and HS in addition to a CME lecturer and Clinical Educator.

Email ifraihat71@gmail.com
